



## Lifesaver

Atterbury MP saves life of contractor after heart attack.

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## Fire away

Soldiers practice firing the big guns during day and night training.

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# MREs AND FOBs

## Civilians 'rough it' in preparation for Afghan deployment

By T.D. JACKSON  
CRIER STAFF WRITER

It's official. The Civilian Expeditionary Workforce, introduced in January of 2009, is up and running full speed ahead. After an intense, 10-day course held from Jan. 25 through Feb. 3, the first iteration – 16 students – of the CEW completed the course at Camp Atterbury Joint Maneuver Training Center and Muscatatuck Urban Training Center. To date, more than 3,000 civilians have deployed in support of overseas stabilization missions.

The CEW is a workforce of Department of Defense civilians trained and equipped to deploy overseas in support of worldwide military missions. This particular class has personnel deploying to Iraq, Afghanistan and the Horn of Africa.

Brig. Gen. Clif Tooley, commanding general for Camp Atterbury-Muscatatuck Center for Complex Operations, said the CEW members volunteer to be put in a status that makes them subject to be deployed on a short-term basis for up to two years.

"This gives the DOD flexibility in meeting emerging requirements," he said.

Whether they have logistics



CRIER PHOTO BY T.D. JACKSON

David Matthews, left, shows Dennis Schouten what he calls the "best thing ever made" in the Army's Meals Ready-to-Eat: jalapeno cheese spread. Matthews, along with 14 others, are the first iteration of the Civilian Expeditionary Workforce, a workforce of Department of Defense civilians trained and equipped to deploy overseas in support of worldwide military missions.

jobs or intelligence positions, the students' main goal at Camp Atterbury and Muscatatuck Urban Training Centers was not to perfect their professions, but to learn how to do their duties in a new and potentially stressful

environment.

"Our purpose is to help prepare our civilians to be at peak performance on day one in theater," said Marilee Fitzgerald, the Pentagon's acting deputy under secretary of defense for

civilian personnel policy. "Many of our deployers are leaving desk jobs and going to the deployment zone."

Fitzgerald said that the training helps to build an understanding of the environment in which the

civilians will be working. Listing the main tenets of the training, Fitzgerald said the objectives are to strengthen emotional resilience; understand the tools and methods for making effective decisions in uncertain chaotic environments; understand the principles of conflict transformation toward understanding social dynamics in conflict environments; enhance ability to interact and solve problems across different cultures, languages and governments; and provide tools for dealing with the challenges of post deployment integration.

The course was developed through a partnership between Fitzgerald's office, the Office of the Deputy Under Secretary of Defense for Readiness and the Indiana Army National Guard. Frank DiGiovanni, the Deputy Director for Readiness and Training Programs and Policy, said the customized set of course curricula was derived from several ongoing training initiatives across the department managed by his office.

"This curriculum is on the cutting edge of several new approaches for training our

(SEE CEW, PAGE 4)



# The Crier



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## Snow brings extra layers to MUTC training

A little snow doesn't stop the training going on at Muscatatuck Urban Training Center; it only adds a few layers of clothing.

Muscatatuck is increasing more and more civilian-based training in response to the Commander-in-Chief's call for more of a civilian presence in Iraq and Afghanistan. This "Whole of Government" concept allows civilians who will be sent overseas by their various governmental organizations to work side-by-side with their counterparts from other organizations, as well as the military, in a training environment. When you add realistic role players from the countries in question to the mix, it becomes a training event like no other offered by the U.S. Army.

When you drive through the facility, you will be amazed by the amount of construction going on at all times. But even though it may look like construction for the sake of construction, there is a plan in place. We are currently putting the finishing touches on the first phase of the Combined Arms Collective Training Facility, or CACTF. When the



Lt. Col. Chris Kelsey

### Commander's Message

CACTF is complete, Muscatatuck will offer training venues for any military branch and civilian agency that are unavailable anywhere else.

As we look ahead to the warmer months, training will reach an all-time high at Muscatatuck. Each year has brought incremental growth and 2010 will be no different. We will be having two huge Army North exercises and our schedule is quickly filling up for smaller unit training. We will have our second annual MUTC Open House on Oct. 9 this year, as well.

Training doesn't stop because of bad weather. ... it just helps us keep it "As Real as it Gets."

Hooah!

*Lt. Col. Chris Kelsey is the site commander at Muscatatuck Urban Training Center.*

## Change of Command

By SGT. WILL HILL  
CRIER STAFF WRITER

Lt. Col. David Roberts took command of the 138th Regiment Indiana Regional Training Institute General Studies Battalion in a change-of-command ceremony at Camp Atterbury Joint Maneuver Training Center.

Roberts succeeded Lt. Col. Marcus Thomas, who will join the 76th Brigade Special Troops Battalion.

"You will find this is a guy of just common sense. If you bring him a problem he will find the

common sense solution," said 138th Regiment Indiana Regional Training Institute commander, Col. Paul Grube. "We are lucky to have him."

Roberts has held many positions, including rifle platoon leader with Bravo Company 1st Battalion 151st Infantry and anti-armor platoon leader for Delta Company 1st Battalion 151st Infantry. In 2006, he was deployed to Afghanistan with the 76th



CRIER PHOTO BY SGT. WILL HILL

Col. Paul Grube, the 138th Regiment Indiana Regional Training Institute commander, passes the flag to Lt. Col. David Roberts, the commander of 138th RTI General Studies Battalion, during a change-of-command ceremony Feb. 6 at Camp Atterbury Joint Maneuver Training Center.

my career started here at the RTI as an officer candidate. So I found my way back here working among the command staff," Thomas said. "It has been an honor and a blessing ... Dave, I leave this in your hands and I know you will do a great job."

bachelor's degree in engineering.

Roberts later earned a master's in both mechanical engineering and business administration.

During the ceremony, Thomas, the outgoing commander, said his goodbye to the members of the RTI staff.

"This is bittersweet for me. These last couple of years being at the RTI has come full circle because



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# Military policeman saves contractor's life after cardiac arrest

BY JOHN CROSBY  
CRIER STAFF WRITER

The call for a medical assist echoed over the radio strapped to 22-year-old, Camp Atterbury Military Police Officer Spc. Stephen Strebinger's right shoulder on the rainy afternoon of Sept. 22.

"Roger, I'm en route," replied the South Bend native as he flipped on his siren and lights.

He arrived on the scene and immediately began assessing the situation. He noticed the victim, civilian contractor Mark Trowbridge, laid back in the driver's seat of a minivan, unconscious. The van's engine was off, but the keys were still in the ignition and the door was unlocked. Strebinger took action. He removed the man's seat belt and began checking his vitals.

"Look, listen, feel, just like in training," Strebinger said as he remembered that day.

Trowbridge was not breathing and had no pulse.

"At that point my mind went blank," Strebinger said. "Thinking went out the window and my training just kind of kicked in."

Three years earlier, Strebinger's father died of heart failure and because of this loss, Strebinger prepared himself for the very situation that occurred in September. The loss inspired him to learn to save lives and perhaps follow in his father's professional footsteps as a caregiver. His father was a registered nurse in the intensive care unit of Memorial Hospital of South Bend.

"Some of the nurses (at his father's place of employment) that I've been really good friends with for some time, got me into a couple of classes," Strebinger said. He earned certifications to administer cardiopulmonary resuscitation and to use an automated external defibrillator, techniques and tools used to revive patients who have stopped breathing, are in cardiac arrest or both.

As a military police officer, he was also required to take the military healthcare provider course at Camp Atterbury. Additionally, Strebinger volunteered and took the Army's



CRIER PHOTO BY JOHN CROSBY

Civilian Contractor Mark Trowbridge stands with Military Police Officer Spc. Stephen Strebinger in front of the Camp Atterbury rock on Jan. 25, roughly four months after Strebinger assisted in saving Trowbridge's life. Strebinger used an automated external defibrillator to send a shock through Trowbridge's heart, reviving him from cardiac arrest. Trowbridge has returned to work at Camp Atterbury. Strebinger was awarded the Indiana Distinguished Service Medal for his actions.

combat lifesaver's course.

The scenarios he had trained for were now a reality. He ran back to his patrol vehicle that day to retrieve the defibrillator and protective breathing mask.

The automated external defibrillator, or AED, is a tool that automatically diagnoses heart arrhythmia and determines if a shock is needed, guiding the user with a step-by-step electronic voice prompt.

Strebinger returned to the dying man with the lifesaving

equipment. He used his knife to cut the patient's shirt open just as the Camp Atterbury medics arrived at the scene. Wasting no time, he placed the paddles accordingly, one on Trowbridge's side and one on his chest, allowing the machine to measure his vitals.

"The AED told us to stand clear as it took his vitals and seven to 10 seconds later it told us 'shock advised,'" Strebinger said.

Strebinger initiated the shock and was successful in restoring

Trowbridge's heartbeat less than four minutes after arriving on the scene.

"I got on the radio, reported the shock and called for a (medical evacuation)," he said.

The patient, however, still wasn't breathing. Strebinger worked with the medics, taking turns applying mouth-to-mouth resuscitation, breathing into the man's lungs ensuring that precious oxygen was pumping to the his brain.

Simultaneously, as more MPs

arrived on the scene, he ordered them to cordon off the street so that a helicopter from Columbus Regional Hospital could use a landing pad across the street and evacuate the patient. But as they waited for the helicopter, the rain began to pour. The helicopter was grounded. They would need to send for a ground ambulance instead.

Meanwhile, Strebinger and the medics continued taking turns giving mouth-to-mouth to Trowbridge.

"At that time, the man began breathing again," Strebinger said. "The medics applied suction to his mouth. He was falling in and out of consciousness, but he had a strong heartbeat."

The civilian ambulance arrived on the scene shortly after and began readying Trowbridge for transport to Columbus Regional Hospital in Columbus, about 10 miles south of Camp Atterbury.

"His family stopped by four days after the event and gave all of the medics and officers that responded to the call that day a personalized written card thanking us with their children's signatures on it," Strebinger said. "We were glad to know he was OK."

Strebinger was awarded the Indiana Distinguished Service Medal on Jan. 7 for his actions

(SEE **MP**, BACK PAGE)

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## ◆CEW

(FROM PAGE 1)

personnel for deployment,” he said. DiGiovanni said lessons learned here will help formulate training policy across the entire department. DiGiovanni said that the trend lines are showing that the department will look to the Department of Defense’s civilian force to make greater contributions in the future and that a trained and ready Total Force is definitely a force multiplier for current and future operations.

During the course of instruction, the students learned about national and military security strategy, conflict assessment, post-traumatic stress disorder prevention and they participated in an immersive field training exercise that included attacks by insurgents, among other things.

The students’ orientation packet hinted at the “austere” environment they would endure the last three days of training, and some students had no idea what they were in store for. After a grueling workday during which students moved between various mobilization stations, including immunizations, the students left the “luxury” of their barracks and headed to Forward Operating Base Panther.

Civilian participant Julia Schoenfeld described her new weekend get-away.

“It’s port-a-johns, it’s a trailer – but heated, so that’s good – and you have to walk 10 minutes through the snow to brush your teeth,” she said with a half smile. “It’s not something we’re used to.”

And that’s the point, as the acting deputy under secretary put it.

“By exposing them to those kinds of conditions, it better prepares them to contribute on day one,” Fitzgerald said, explaining that familiarization is key to mission success. “I think many of them who have not been deployed before feel a little more comfortable about the living and working conditions that they will have.”

Schoenfeld, who is with Joint Forces Command in Norfolk, Va., is deploying to Afghanistan to work with the International



CRIER PHOTO BY T.D. JACKSON

A range safety shows Julia Schoenfeld her results after she fired an M-9 pistol. Schoenfeld is with the Civilian Expeditionary Workforce, a workforce of Department of Defense civilians trained and equipped to deploy overseas in support of worldwide military missions. The very first iteration of the CEW graduated Feb. 3.

Security Assistance Force as a NATO advisor. Her training experience so far, she said, has been fun.

“It feels like we’re sort of peeking into their world a little bit,” Schoenfeld said. “The eight immunization shots that I got yesterday, that’s maybe not a fun view. But getting out on the range, learning how to shoot a pistol and an M-16, that’s the fun part, even though it is the end of January.”

Twenty-five degree weather notwithstanding, the civilians

braved the brisk Indiana winter to learn the ins and outs of surviving the wilderness of a new nation.

“I think (the training) helps us not be such a liability to our military counterparts,” Schoenfeld said. “We’re self-sufficient when we get there. It’s not motor memory yet, but at least we’re familiar with a lot of the procedures and how to keep ourselves safe and not harm everybody else.”

David Matthews, who will be deploying to Afghanistan as a senior strategic planning officer,

said although theirs is the first class to go through the process, it was incredibly well organized.

“The quality of the instruction is superb,” Matthews said. “It has met the needs of someone who is going into country for the first time.”

Matthews said although the training the CEW goes through is not job specific, it excels at being safety specific.

“The training here prepares me for going overseas and being inculcated in the culture and dealing with safety and things of

that nature,” he said, explaining that the instructors aim to increase the civilians’ awareness. “Are you culturally sensitive? Do you know what your resources are when you’re in theater? Do you know how to ride in a Humvee? Do you know how to handle a weapon? (They teach) things of that nature. That’s something that everyone that’s going into theater needs,” he said. “So, in that respect, it’s a wonderful program.”

For Matthews, the desert deployment is not his first and he said he is eager to work with the military again.

While Schoenfeld visited Afghanistan in 2008, this will be her first real deployment and she – and most of the other civilians, she believes – accepted the mission with a certain amount of pride.

“I think for the DOD civilian, it is really hard to find a way to serve your country in the same way that the armed forces get to,” she said. “I think for most of us here, it’s a commitment to serve. It’s a once-in-a-lifetime experience that you’ll never forget.”

Fitzgerald said the civilian workers share the same passion as their combat brethren.

“It is a proud moment when the DOD civilians can serve alongside their warfighters,” she said.

Eileen M. Lainez of the Defense Press Office contributed to this story.

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# Right up your alley: Furniture maker turns old bowling lane into table

BY SGT. BRAD STAGGS  
CRIER STAFF WRITER

As a master furniture maker, Staff Sgt. Robert Heidenreich spends his days building workspaces and training areas at Muscatatuck Urban Training Center. A new project has given him the chance to bridge the past, present and future of the training facility.

In 1938, what was then the Indiana Farm Colony for Feeble-Minded Youth received financial aid from the Public Works Administration to construct several new buildings, most of which still stand today. Building 1, the school building, held something special that no other mental health facility in Indiana had at the time — a fully functional three-lane bowling alley in the basement. For almost 60 years, patient and staff bowling nights and tournaments were held at the little bowling alley, complete with bowling trophies for winners.

In 2005, the Indiana National Guard was given the grounds and buildings of what, by then, was known as the Muscatatuck State Developmental Center. While the

National Guard works diligently to preserve the architecture and look of the historically important buildings at Muscatatuck, interiors are rearranged to suit training needs.

In order to create more office space, the bowling alley was removed from the school building but not forgotten. The floors, pin setters and other paraphernalia were stored in a warehouse.

In 2009, a space was set aside in what was once the assistant hospital administrator's house for a conference room, which would also act as a museum housing relics from the facility's past. When asked about a conference table, MUTC Commander Lt. Col. Chris Kelsey remembered the alley.

"I thought 'what's more perfect?'" Kelsey said. "We can create a conference room table out of the old bowling alley floor and it will go perfectly in the museum setting!"

And Kelsey had just the Soldier to create it. Heidenreich had

owned a furniture making business for 11 years prior to coming to MUTC full time in 2007. When he was first given the assignment to build the table, it sounded like a fun distraction from the buildings he was normally working on.

"I thought all I was going to have to do was grab some of the floor, clean it up, put some legs on it and it would be good to go," Heidenreich confessed. "Once I got a hold of the flooring, though, those thoughts went right out the window."

The floors had been removed in 15-foot sections and Heidenreich soon found out why. A bowling alley floor is not one solid piece of wood; it is 24 pieces of 1-inch by 2½-inch maple laid on its side and pieced together in a tongue-and-groove fashion. The wood planks weren't glued together but nailed together, board by board, allowing the lane to bend slightly.

That's fine for a bowling alley

(SEE **TABLE**, PAGE 9)

**Top:** Staff Sgt. Robert Heidenreich cuts a rounded corner into a piece of bowling alley flooring he is using to create a conference table at Muscatatuck Urban Training Center. **Below:** The three-lane bowling alley was located in the basement of Building 1, the school house, at what was then the Muscatatuck State Developmental Center.

TOP: CRIER PHOTO BY STAFF SGT. BRAD STAGGS/BELOW PHOTO SUBMITTED



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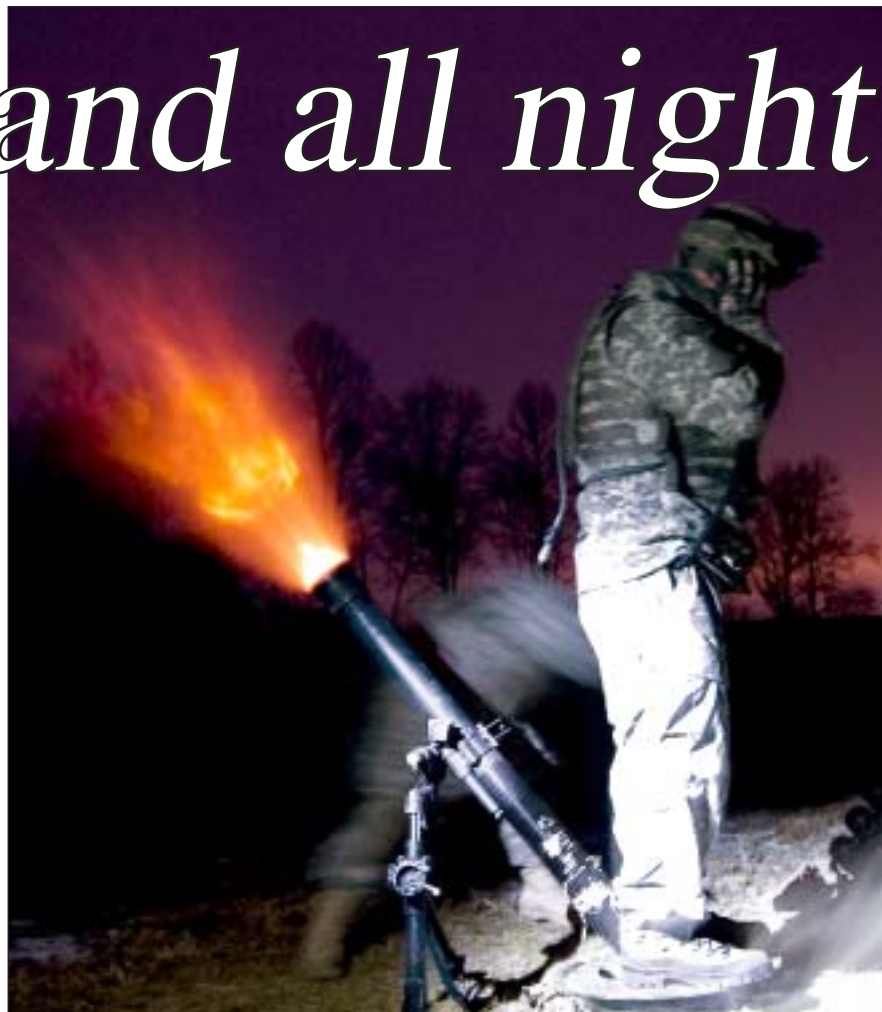
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# Stymied by your tax forms? Camp Atterbury's VITA program can help

BY SGT. DAVID BRUCE  
CRIER STAFF WRITER

It's the New Year and the taxman cometh.

Fortunately, Camp Atterbury Joint Maneuver Training Center is operating a tax center under the Volunteer Income Tax Assistance Program for military and Department of Defense personnel and their families as well as retirees.

This is the second year for the tax center, according to Maj. Charles Thorbjornsen, a legal assistance attorney with the Camp Atterbury Staff Judge Advocate's office.

"This is a free service where we offer tax return preparation, electronic filing of federal and state returns or providing hard copies for mailing returns," Thorbjornsen said. "The IRS sponsors and certifies this program, as well as providing the software. This software allows us to file state taxes as well as federal," he said.

With Soldiers from all over the country, the myriad state tax laws can be daunting. Some states have unique issues such as exemptions for military pay, Thorbjornsen said. Personnel in the tax center have to be familiar with these various tax laws.

"We provide a week of training and volunteers become certified by taking a test," he said. "Last year, we had 25 volunteers that went through the training. I think they were surprised that the tests to get certified were more difficult than they expected. This year, we expect about 10 volunteers to be working at the tax center during tax season."

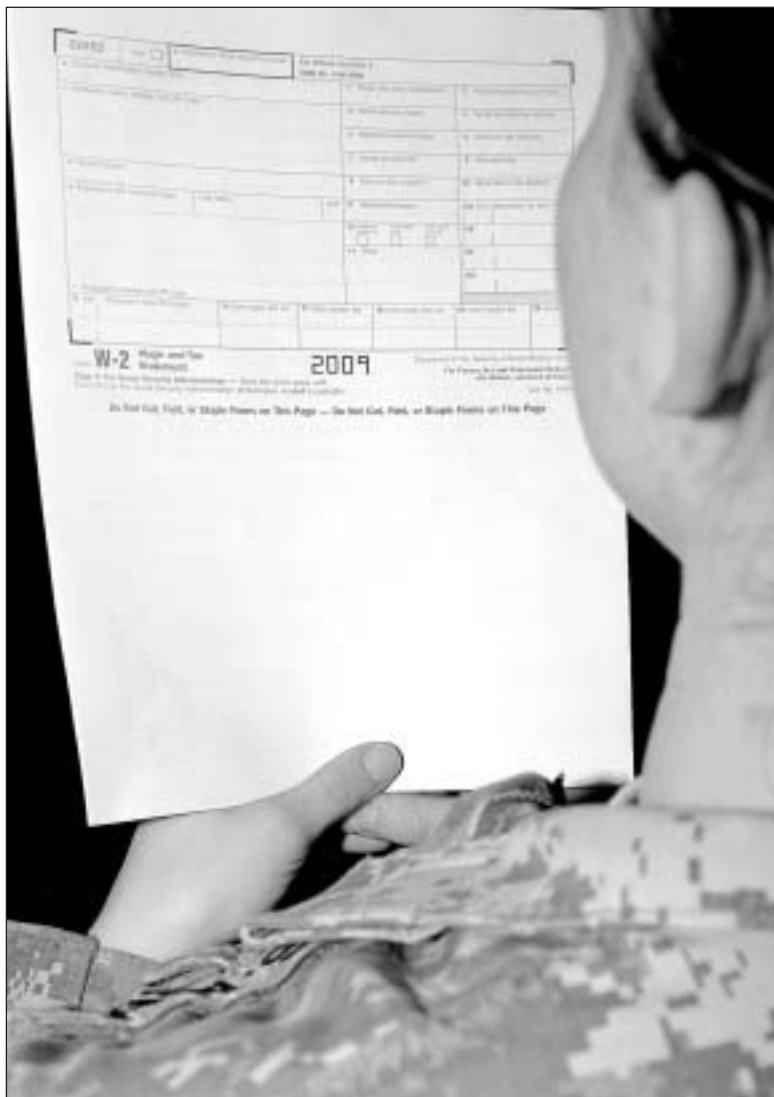
Volunteers come from various units on Camp Atterbury and do not have to have any professional tax experience or be accountants.

Thorbjornsen said the software used and the training received by the volunteers ensure accurate filings.

"The tax center verifies all returns and they are almost audit-proof," Thorbjornsen said.

There it is. The "A" word — audit. Tax software is designed to check the returns for errors that can result in audits from the IRS.

So don't panic if you receive a letter from the IRS requesting



CRIER PHOTO BY SPC. JOHN CROSBY

Individuals going to the Tax Center should bring identification, income documents (W-2 and 1099 forms) and expense documents. For more information call extension 2033 at Camp Atterbury.

more information regarding your filing ... unless you are embarking on an Al Capone-esque campaign

of tax evasion.

"Obviously, if you get a letter in the mail with the IRS label on it,

it can cause some anxiety; I don't care who you are," Thorbjornsen said. "When I went through my tax course in preparation for opening the tax center, one of the instructors was an IRS representative and he got a letter from the IRS and even he got anxious."

Should the IRS request more information or order an audit, Thorbjornsen recommends that you act quickly.

"It's understandable that people would get a little anxious when dealing with the IRS. My experience in dealing with them, when issues pop up with Soldiers, they are not as bad as people seem to think they are. When you explain that you are dealing with Soldiers or military members, they generally bend over backwards to attempt to help us out."

The important thing about the tax center is that it can address military-specific issues such as combat-zone exemptions and other laws that civilian tax professionals may not be aware of.

"I want to stress to Soldiers that we are a free tax service and it boggles my mind why someone would go pay a professional to have their tax return prepared when they can bring it here to the tax center at Camp Atterbury and have it done for free," Thorbjornsen said.

The tax center is located on the second floor of Building 230 at Camp Atterbury and is open Wednesdays and Thursdays from 8 a.m. to 3:30 p.m. through tax season.

Sgt. 1st Class Michael Bielarczyk, noncommissioned officer in charge of the Plans, Analysis and Integration Office at Camp Atterbury, is one Soldier who volunteered to help.

"I was surprised at how many books and material there would be for the class, but it was worth it to be able to help," Bielarczyk said.

"So far, we've had training from the Indiana Department of Revenue on Indiana-specific laws covering exemptions, military pay and new laws in effect. For example, Indiana now charges a penalty for not filing on time, regardless of whether you are receiving a return or not," he said.

"The laws are always changing and the states are playing catch-up to federal laws."

Bielarczyk said the tax center workers conduct interviews with the tax return filers before they start preparing the returns to ensure they're able to help.

"Some returns can be complicated. In those cases, we refer the person to a tax professional or the site coordinator," he said.

For those who either reside too

(SEE **TAX**, PAGE 9)



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## ◆ Tax

(FROM PAGE 8)

far from Camp Atterbury or are unable to make it to the tax center during normal hours of operation, there is Military OneSource.

Through Military OneSource, Soldiers and families can use At Home Basic tax filing software from H&R Block free of charge.

The software will run on either Windows or Macintosh operating systems and will allow users to electronically file their federal and state tax returns. This service requires an account with Military OneSource.

Once logged in to Military OneSource, a link on the index page of the site directs visitors to a page containing tax services information. After following the link, the user is redirected to the H&R Block Web site and prompted to log in or create an account.

Remember to go through the Military OneSource site to receive this service at no cost. Important note: Do not use an account created directly through H&R Block. Should you do so, you will be charged for an otherwise free service.

The At Home Basic software may not be able to handle complicated tax filings. If your tax filing is of a more complicated nature, such as mortgage issues or dividends from leveraged buy outs, Military OneSource

maintains a tax hotline for any questions. That number is (800) 730-3802.

Between the tax center and Military OneSource, servicemembers have a variety of options and assistance. Civilian contractors, on the other hand, have fewer options for free tax filing assistance, though they are not totally left out in the cold.

The IRS offers the Free File program. Free File is an IRS program required by law to provide free federal income tax preparation and electronic filing for eligible taxpayers. This is done through a partnership with a group of private sector tax software companies.

Eligible is the key word here.

To use the Free File program, your annual gross income, for single or joint filers, must be below \$57,000. Each participating company sets its own eligibility requirements, but generally adheres to the \$57,000 limit set by the IRS.

To use Free File, visit the IRS.gov Web site. There the user is guided through a wizard to select a company's software. The IRS has a page for frequently asked questions and a hotline for any specific questions, (800) 829-1040.

Of course, if none of these free programs are appealing, one can always go retro and use the pencil, paper and calculator method.

At least you know it's free. Except for the postage.

## ◆ Table

(FROM PAGE 5)

but bad for a conference table.

Heidenreich chose two sections of flooring that he could put together to create the 9-foot-by-4-foot table required for the conference room space. He wanted to incorporate the dots used by bowlers to target their throws but he had to overcome one other problem: the lanes were made from two different kinds of wood.

"The front half of the lane is made of maple while the back half is Douglas fir," Heidenreich said. "The Douglas fir was a lot cheaper and easier to get, so they only used so much of the maple."

But he wanted the table to be all maple, so Heidenreich went about the business of picking and choosing the wood. "The other problem is that since the wood wasn't glued together, the grooves between the boards collected dirt through the years. That means that every board has to be cleaned individually."

Heidenreich and his assistant, Spc. John Beesley, spent two days separating each board, pulling



CRIER PHOTO BY STAFF SGT. BRAD STAGGS

Spc. John Beesley uses a hammer and crowbar to pull nails out of wood planks that made up the bowling alley floor from Building 1 at Muscatatuck Urban Training Center.

hundreds of nails and scrubbing to remove years of dirt. Each board was numbered for when they are ready to be put back together like a huge jigsaw puzzle. There are 89 individual boards just for the table top.

The boards will then be glued together and Heidenreich will build the legs as framing and bracing to hold the table top together. Trim will be added to the outside edge and the top will be covered in a clear coat to protect it.

It's a lot of work for a conference table, but Heidenreich

thinks it will be worth the trouble.

"I'm creating something that will be used by the top of the top when they come through here," Heidenreich said with a smile. "I just want to make sure that it will fit in with the museum. It has to be the best and last long after we're gone. It's part of the history of this place and I'm just happy to make it."

After the table is completed, it will be on permanent display in the Muscatatuck Urban Training Center museum room at the future MUTC Press Center and conference room.

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CRIER PHOTOS BY SGT. DAVID BRUCE

**Above:** Spc. Bob Francis receives a pedicure from Aveda Cosmetology student Chelsea Wilson at a Valentine's Day spa event at Camp Atterbury Joint Maneuver Training Center. **Below:** Tech. Sgt. Melissa Kemp of Provisional Reconstruction Team Nangarhar has a facial mask applied by Susan Sears, a USO volunteer.

## Troops get spa treatment

BY SGT. DAVID BRUCE  
CRIER STAFF WRITER

In celebration of Valentine's Day, troops stationed at Camp Atterbury were pampered at a spa event by the USO Feb. 14.

The event, which occurred at the Camp Atterbury USO Community Center, provided manicures, pedicures, facials and massages for the troops, as well as door prizes of hygiene products and CDs, said Beth Clark, a USO volunteer and the event coordinator.

"We were able to get students from the Aveda Cosmetology School from Indianapolis to come and give manicures, pedicures and foot massages. We have USO volunteers giving facials and a massage therapist giving chair massages," Clark said.

The USO tries to have four of these events a year, Clark said. "We are trying to help the troops relax. They don't get pampered

while they're here or overseas and this gives them a chance to get away from their daily routine."

"We had a spa night last November, but it was on a weeknight so we had a low

turnout. This time, we decided to have it on Sunday, which coincides with Valentine's Day, and have had a better response. We're actually seeing more guys, which is kind of surprising. You wouldn't think guys would want a

manicure or pedicure, but they enjoy it as much as the girls," Clark said.

His foot in a basin, Spec. Bob Francis of the 620th Combat Support Sustainment Brigade said that this was his first professional foot massage.

"It was amazing. If they had something like this every time I deploy, I would go more often," he said. "To receive this kind of treatment after being in Iraq for about nine months is great."



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### All Ranks Club/ The Coffee House

Building 300, between Fairbanks and Eggleston streets  
Breakfast: All day; Lunch: Daily, 11 a.m.-1 p.m.; Evening: Daily, 4 p.m.-11 p.m.  
Phone: 526-1143

### ATMs

Building 613 – (Laundry)  
Building 300 – (All Ranks Club)

### Atterbury Museum

Building 427, Eggleston Street, near entrance to post  
Hours: Wednesday, Saturday and Sunday, 1 p.m.-4 p.m. Phone: 526-1744

### Barber

Building 613  
Hours: Monday, Wednesday, Friday, 9 a.m.-5 p.m.; Tuesday, Thursday, 9 a.m.-8 p.m.; Saturday, 9 a.m.-3 p.m.; Sunday, 3-8 p.m. Phone: 526-1499 ext. 1163

### Chapel

Building 327  
Hours: Monday-Friday, 7:30 a.m.-6 p.m.  
Sunday services: Collective Protestant, 8 a.m. at post chapel. Call 24 hours prior to arrange transportation for all other faith groups. Phone: 526-1151

### Concessions Stands

Located on Fairbanks Street and other locations; hours posted

### Distance Learning Classroom

Building 332  
Hours: Monday-Friday, 8 a.m.-10 p.m.; Saturday-Sunday, 8 a.m.-4 p.m.  
Phone: 526-1715

### Emergencies

On Post: ext. 1109  
Off Post: 526-1109

### Housing

526-1411

### Laundry/Arcade

Building 613, Gatling Street  
Hours: Open 24 hours

### Library/Internet Services

Trailer behind concession stand; Parking lot of NCO Club Hours: Monday-Friday, 8 a.m.-8 p.m. Saturday-Sunday, 10 a.m.-6 p.m.  
Phone: 526-1499, ext. 2461

### Military OneSource

(800) 342-9647

### Military and Family Life Consultants

Need to talk? 526-1368  
Cell: (317) 370-1747

### MWR Outdoor Recreation Center

Building 328, Fifth Street  
Hours: Monday-Friday, 8 a.m.-4 p.m.  
Phone: 526-1263

Athletic equipment for golf, basketball, baseball, softball, volleyball, football, racquetball, tennis and horseshoes can be checked out. Boats, canoes, barbeque grills and tents available. Use of recreation areas should be scheduled through MWR center.

### Outdoor Veterans Memorial

West of main entrance at front of post

Hours: Open to public and Soldiers during daylight hours.

### Phone Center

Gatling Street, next to PX  
Hours: Open 24 hours, daily

### Physical Fitness Center

Building 329, 7th and Eggleston streets  
Hours: Daily, 5:30 a.m.-10 p.m.  
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### Troop Medical Clinic

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Building 230  
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# Iraq troop evacuation has effects at Camp Atterbury

By SGT. DAVID BRUCE  
CRIER STAFF WRITER

It started as a campaign promise, and in the recent State of the Union Address, it became policy when President Barack Obama declared the withdrawal of combat troops from Iraq by the end of August.

With the mission at Camp Atterbury being the training, mobilization and de-mobilization of troops, the question becomes, how does this affect operations here?

"Iraq has been a quantifiable success," said Lt. Col. Timothy D. Holtke, Director of Personnel and Community Affairs at Camp Atterbury Joint Maneuver Training Center. "It's time for us to move on; we have missions all over the world."

Holtke said the primary impact from the return of combat troops from Iraq will be an increase in demobilizations of these units at Camp Atterbury.



CRIER PHOTO BY SGT. DAVID BRUCE

Despite the withdrawal of combat troops from Iraq, Soldiers continue to prepare for operations in other countries to include Afghanistan and the Horn of Africa. Here, troops assigned to Provincial Reconstruction Teams assemble for a departure ceremony at Camp Atterbury Joint Maneuver Training Center as they prepare for an upcoming deployment to Afghanistan.

"First Army looks at all the mobilization sites and the present balance. They will redirect units to mobilization sites that do not have heavy workloads. Right now, we are running at about half capacity," Holtke said. So based on present populations at Camp

Atterbury, 1st Army could direct units here for demobilization.

Iraq is not the only destination for troops mobilized from Camp Atterbury nor is it the source of demobilizing troops. Afghanistan will still be a destination for personnel mobilized through

Camp Atterbury, as well as other parts of the world.

Any policy change that affects deployments will likely have an impact here, according to Col. Barry Richmond, deputy commander for Camp Atterbury Muscatatuck Center for Complex Operations.

"Many of the folks who have been deploying recently have been going to Afghanistan. There was a surge for Afghanistan to help build the Afghan national forces, which includes Afghan police and army forces," Richmond said. Even without Iraq as part of the equation, Camp Atterbury has been very busy as of late.

The specifics remain unknown at this point. But just because one theater is winding down, that does not mean that operations here will be winding down, as well.

"We have never been focused on one theater. This provides us with opportunities to adjust our business practices to better align with our nation's needs."

This follows the principle of supply and demand, Richmond said. While the demand for mobilizing combat troops may decline, the need for our other services and supporting civilian initiatives will continue and grow, he said.

And then there is the traditional role of Camp Atterbury, which is training. As units shift from deployment, they will resume training. Richmond said Camp Atterbury will continue to provide training resources to reserve components and active units.

At the end of the day, or in this case the end of a war, there will be long-term effects from the withdrawal of troops from Iraq. But instead of things slowing down here, doors open to new challenges that require the expertise of the Soldiers and civilian employees of Camp Atterbury.

"We respond to mission changes, and that's all this is," said Richmond.

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# ◆MP

(FROM PAGE 3)

that rainy September afternoon. Trowbridge attended, as did the Camp Atterbury and Muscatatuck Center for Complex Operations Commander Brig. Gen. Clif Tooley, Camp Atterbury's Commander Col. Todd Townsend and Command Sgt. Maj. Rodney Spade.

Trowbridge, a married father of three, had suffered a heart attack and he spent three weeks recovering. He later returned to work at his job as an electronics technician on post.

"First of all, we're so grateful for all of the Soldiers out here risking their lives to keep us safe," Trowbridge said. "That is the reason I took this job up here," he said. "I decided 'Hey, it's time for me to give back to the guys that have been protecting me and my family.' The fact that they really (actually) saved my life..." Trowbridge paused. "My family and I couldn't be more grateful."

Strebinger has since earned a nickname among the other members of his unit since the dramatic events

that took place last fall.

"We call him the doctor," said Staff Sgt. Royce Wagner, Camp Atterbury military police non-commissioned officer in charge. "It was a very proud moment for me as a supervisor. He was extremely knowledgeable and professional in knowing what he needed to do as an MP to help preserve the safety,

security and health of our Soldiers and civilians here. I think he is extremely deserving of his award."

Still, Strebinger remains humble and stays ready to face situations of this nature in the future. "It's not every day a Soldier gets this award, but to me I was just

doing my job," Strebinger said. "I am grateful that I was able to carry out my duties that day."

"It's not something that I would want to do again," Strebinger said, "but if it does arise, it makes me feel good that I was able to help somebody out like that. He has a family. If I hadn't gotten there fast enough or if the equipment failed ... I know what that family would have gone through."

"My father died of a heart attack and I couldn't do anything about it. It's a good feeling to know that we saved that family from going through that grief."



ABOVE: CRITER PHOTO BY JOHN CROSBY/LEFT PHOTO SUBMITTED

Above: Military Police Officer Spc. Stephen Strebinger of South Bend was awarded the Indiana Distinguished Service Medal on Jan. 7 for using an automated external defibrillator to save the life of a man suffering cardiac arrest at Camp Atterbury. Left: Camp Atterbury Commander Col. Todd Townsend shakes hands with Military Police Officer Spc. Stephen Strebinger after Strebinger was awarded the medal.

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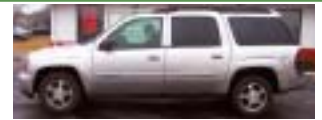
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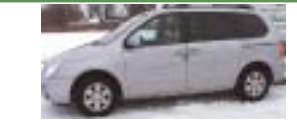
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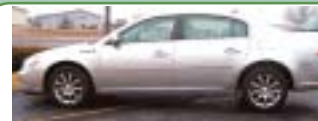
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